

CANTEEN MENU

- **Mon, May 17**
Fruit Salad
Sandwich Day
Fries
- **Tues, May 18**
Green Salad
Roasted Chicken
Carrot & Green Beans
Pasta
- **Wed, May 19**
Avocado Salad
Chili con Carne
Rice
- **Thurs, May 20**
No School
- **Fri, May 21**
No School



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ASOY Times

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MAY 17, 2010



Cameroon National Day May 20, 2010



From the Director ...

Dear Parents, Staff, & Students,
Greetings! It is good to be back from Nairobi after attending the Association of International Schools in Africa (AISA) Board meeting. This was my last! It has indeed been a meaningful experience to be a member of the AISA Board and work with such a talented group of school leaders.

Much has happened since my return, to include completion of the Advanced Placement (AP) exams, the Prince Eyango Benefit Concert, and of the ASOY Spring Bazaar. A big thank you is extended to the many hands and hearts who helped to make these events possible.

The Community Service Committee is hopeful that ASOY and the greater Yaounde community will continue to offer support for the *Hands Across Cameroon* projects to which our students and staff are committed. Take a look at the *Hands Across Cameroon Newsletter* to learn more.

On Friday of next week, returning families will be receiving an envelope with important information for next year, to include the registration card for the 2010-2011 school year, the tuition and fee schedule, a letter from the nurse about immunization requirements, and a yearbook order form. Thank you all for taking time to stay informed by reading this information.

Please remember there is no school on Thursday and Friday of this week, May 20 & 21, in observance of National Day. Stay safe during the special festivities that will occur in observance of Cameroon's 50th anniversary of independence.

Have a great week!

Nanci Shaw

Board Notes ...



Only two more Board meetings remain for the 2009-2010 school year, May 27 and June 10.

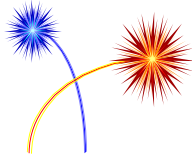
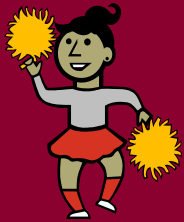
The Board has worked very hard this year to accomplish the recommendations put forth by the CIS/MSA Visiting Accreditation Team, primarily developing and putting in place the 5 Year Strategic Plan.

Board elections for the 2010-2011 school year will take place next fall on September 18, 2010 at the General Assembly, which is very soon after the start of the new school year. If you are interested in running for the Board next year, why not attend the last Board meeting or two this spring to see what it is all about?

Applications are available in the office for those interested in being on the Board.

Top 10 Board Responsibilities

1. Determine the school's mission and purpose
2. Select the Director
3. Support the Director and assess performance
4. Ensure effective organizational policy and planning
5. Ensure adequate resources: financial, human, facilities, and time
6. Assure effective management of resources
7. Determine, monitor, and strengthen programs and services
8. Enhance school's public standing
9. Ensure legal and ethical integrity, maintain accountability
10. Recruit Board members, assess Board performance



Hands Across Cameroon
PRINCE EYANGO
Benefit Concert

Saturday, May 8, 2010 was a monumental day for ASOY! Famed Cameroonian singer, musician, and songwriter, *Prince Eyango*, graciously volunteered his time and talents to put on a benefit concert for the greater Yaounde community.

The purpose of the concert was to raise funds for ASOY's community service program, *Hands Across Cameroon*. And what a concert it was!

Amidst fireworks, bright lights, and sparkling smiles, Eyango dazzled us with his music, from old renditions to new creations. The crowd went wild, dancing in the aisles and singing along.

For the pre-show, the audience was entertained by Georgette Beighle and her dancers from the East. And during the intermission, several ASOY students sang and told the audience about their different community service projects. Thank you all your contributions to the event!

Our heartfelt appreciation is especially extended to *Prince Eyango* for believing in *Hands Across Cameroon*, and for striving to help ASOY help others less fortunate. Thank you!

Our Mission

The mission of the American School of Yaoundé is to ensure that all students achieve high academic success, demonstrate critical thinking skills, and become responsible and compassionate global citizens prepared for their next stage of life; gained through an enriched American curriculum and offered in a challenging, secure, and diverse environment.



ASOY Cares!

All children deserve an education, healthy food, clean water, medical care, and a decent place to live. 100% of the contributions to *Hands Across Cameroon* go to support the projects of our students and staff.

A special thank you is extended to Mr. Stephane Dagan & Les Brasseries du Cameroun, Mr. & Mrs. Boniface Kacyem, Mr. & Mrs. Albert Nkemla, Mr. Guy Kemta, and Ms. Sylvie Njomo for their generosity in supporting *Hands Across Cameroon*. The ASOY Cares! school house box will stand in the office as a reminder of our school's mission to help others. **Thank you for your continued support!**



2010-2011 School Year

PARENTS:
Please remember....

- ✓ Payment of tuition and fees
- ✓ Up-to-date immunization records
- ✓ 2010-2011 registration card with current contact information

Due on or before the first day of school:
AUGUST 30, 2010

Plan & prepare
sooner rather than later!

MAP TESTING SECOND SESSION

From May 25th through 28th, Elementary and Middle School students – Grades 3 through 8 – will experience the second set of tests called Measures of Academic Progress™ (MAP). This will be a computer-based test in Reading, Language, Mathematics, and Science. We give students MAP tests to determine their instructional level at a given point during the year. At the end of the year, we compare students' current performance with what they did during the first quarter to see the growth that they have achieved. MAP tests are unique in that they adapt to be appropriate for your child's level of learning. As a result, each student has the same opportunity to succeed and maintain a positive attitude toward testing. And with MAP tests, we can administer shorter tests and use less class time while still receiving detailed, accurate information about your child's growth. Your child will spend a total of about two and a half to three hours taking these tests over four days. We are truly excited to continue this process that focuses on every child's individual growth and achievement. **Partnering to help all kids learn**, parents and teachers can have a profound positive effect on the lives of our children. For more information on resources for parents, download the *Parent Toolkit* at www.nwea.org >> Member Support >> Downloads >> Manuals. Annette Hallpike-Hell, MAP Testing Coordinator

VISIT TO MANUSHI ART GALLERY

We would like to share with you our impressions of the field trip to an art gallery.

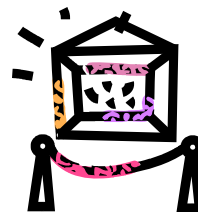
The second and third graders went to MANUSHI GALERIE last Monday, May 10, 2010. We were informed that the art gallery works in coordination with the African School of Ethics (ASE) run by Mr. Adamou Ndam Njoya.

We discovered that Manushi is a beautiful and interesting museum of ancient African art. The different objects in the museum came from Central Africa as well as from West Africa and that majority of the objects are from Cameroon.

The African art objects that we saw, dating to the 6th century were war tools, clothing, kitchen utensils and objects that been used in the palace and by the nobility.

From Mr. Adamou Ndam Njoya we learned more about the ASE, the student art work of creating masks, carving, clothing and more. We also learned about the importance of ancient African art values in Cameroon.

We would like to thank Mr. and Mrs. Ndam Njoya for their wonderful hospitality.



Red Cross Lifeguard Certification

After forty four hours of training during the weekends for two months, we are pleased to announce that the following people earned an *American Red Cross Universal Certificate* for Lifeguarding and First Aid and an *American Red Cross Universal Certificate* for CPR and AED as a Professional Rescuer: Maxime Decliere, Amirah Ndam Njoya, Guatier Dagan, Ms. Nefertiti Metuge and Ms. Yvette Nyugha. Congratulations for earning the certificates and all of your hard work.





National Honor Society National Junior Honor Society INDUCTION CEREMONY OF NEW MEMBERS



On May 26, 2010, a very important ceremony will take place at the American School of Yaoundé: the induction of the new members of the National Honor Society and the National Junior Honor Society.

The National Honor Society (NHS) and National Junior Honor Society (NJHS) are the premier organizations in the U.S. established to recognize outstanding high school and middle school students. More than just an honor roll, NHS and NJHS serve to honor those students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, Character and Citizenship. These characteristics have been associated with membership in the organization since their beginnings in 1921 and 1929.

Today, it is estimated that more than one million students participate in activities of the NHS and NJHS. NHS and NJHS chapters are found in all 50 states, the District of Columbia, Puerto Rico, many U.S. Territories, and Canada and in many countries on the five continents.

Chapter membership not only recognizes students for their accomplishments, but challenges them to develop further through active involvement in school activities and community service.

History of the Organization

In 1921, the National Association of Secondary School Principals (NASSP) officially established the National Honor Society. Though many local and regional honor societies existed prior to 1921, no nationwide organization had been founded. Under the leadership of Dr. Edward Rynearson, principal of the Fifth Avenue High School, Pittsburgh, Pa., the organization grew from the original Alpha Chapter at the Fifth Avenue School to more than 1,000 chapters by 1930. Equipped with a constitution, an emblem and motto, and a group of dedicated principals as coordinators, the new NHS organization quickly developed into one of the country's leading educational groups.

Four main purposes have guided chapters of NHS from the beginning: "To create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in the students of secondary schools."

These purposes also translate into the criteria used for membership selection in each local chapter.

In 1929, the NASSP turned its attention to middle level schools and expanded the scope of its concern for recognizing outstanding students by establishing the National Junior Honor Society (NJHS). With its own constitution and handbook, NJHS has established criteria that parallel the emphases found in the NHS with an added purpose to encourage citizenship.

Both the NHS and NJHS are sponsored and supervised by NASSP which appoints a National Council, the controlling body of NHS. In addition, National Council members also serve as the selection committee for the prestigious NHS Scholarship which has been administered annually in schools with NHS chapters since 1946.

The day-to-day administration of NHS national concerns is handled by the NASSP Department of Student Activities, with headquarters in Reston, VA.

The NHS/NJHS at ASOY

The first and founding meeting of ASOY's NHS and NJHS chapters took place on August 25, 2000. Since then, members have been inducted based on their performance in the areas of scholarship, service, leadership, citizenship and character. New members have to demonstrate excellence in each and all of these five fields.

The NHS and NJHS chapters are engaged in community work in the fields of educational support. The programs for this year focused on setting up learning mentoring within the school community and supporting education programs in disadvantaged learning communities.

To finance this community work, the chapters organize each year a Halloween Fun Fair and a Bingo night. A part of this year's proceeds will be given to Dr Bwelle, "The Doctor of the Jungle", to help him finance the acquisition of teaching materials.

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....NHS/NJHS Induction Ceremony

The 2010 ASOY Induction Ceremony will take place at the library on May 26, 2010 at 6.30 pm. The ceremony will honor the inductees, their parents and friends, but the ceremony is open to all the members of the school community.

This year's inductees are:

NHS

Eloho Akalamudo
Naomi Boyd
Nadia Djayep
Linda Foinding
Anjali Kewalramani
Kabir Kewalramani
Tipu Khan
Donghwan Lee
Whitney Ndata
Alice Rossignol



NJHS

Federico Aulizio
Sitara Khan
Pearlie Kamwa
Ruti Ejangue
Ngog Nliba Nguimbos
Zuha Nomani
Mailys Dagan
Fasine Ngo

In the name of the entire ASOY community, we warmly congratulate the new inductees, parents, teachers and friends.

Famous NHS Members

Our ASOY inductees are in good company with the following famous personalities who were previous members of the NHS association:

Joseph Allen – Astronaut
Bruce Bastian – Inventor of "Word Perfect"
Jennifer Berry – Miss America 2005
Maj. Gen. Jack O. Bradshaw – Commander of War Strategies
Peter Cameron – Novelist/New Yorker Writer
Van Cliburn – Pianist
William Cohen – Former Secretary of Defense
Cindy Crawford – Model
Jim Davis – Author & Creator of "Garfield"
Elizabeth Dole – Former President of the American Red Cross
Jasmine Guy – Actress: "A Different World"
Lee Iacocca – Former President of Chrysler Corp.
Jeanne Kirkpatrick – Former U.N. Ambassador
Fred MacMurray – Actor
Christopher Parkening – Classical Guitarist
James Partington – USN Admiral- Commander Atlantic Strike Fighter Wing
Judith Resnick – Astronaut (killed in Challenger accident)
Rod Serling – Writer-Creator "Twilight Zone"
Karen Silkwood – Union Activist , Nederland High School Nederland
Meryl Streep – Actress
Jon Voight – Actor
Andrew Wachtel – Translator (Gorbachev)
Robert Penn Warren – Pulitzer Prizewinning Author/Poet



WHAT IS THE CHICKEN POX?

Chicken pox or varicella is a highly contagious, but self limited infection, seen commonly in children under the age of ten (10yrs). The incidence has dropped; as more and more kids are vaccinated against the disease. It is more serious in adults.

CAUSE: It is caused by the varicella-zoster virus.

INCUBATION PERIOD: Ten to twenty one days (10 - 21 days) after exposure to the virus.

PERIOD OF COMMUNICABILITY: The infectious period is 24-48 hours before the appearance of the rash, to complete scabbing of the lesions (usually 1-2 weeks after the onset of the rash).

MODE OF TRANSMISSION: The condition is transmitted through droplet infection (coughs and sneezes) and by direct skin to skin contact with fluid from the skin lesions (vesicles).

SYMPTOMS:

Fever, sore throat and malaise 24 -48 hours before the appearance of the rash.

Characteristic itchy rash, that appears first on the trunk (torso) and then spreads to the head, arms and legs. The rashes first appear as red papules (bug bites), then progress as vesicles (blisters) and finally form crusts when the vesicles burst and dry up. The photos below show typical chicken pox rash.



Continued in page 7

...Chicken Pox

MANAGEMENT:

- Keep child at home until complete scabbing of the lesions.
- Clip nails to avoid scratch with secondary infection.
- Apply cold compress to lesion to reduce itching
- Local application of calamine lotion to reduce itching.
- Oral anti-histamine drugs (NEVER USE TOPICAL APPLICATION OF ANTI HISTAMINE AS ERRATIC ABSORPTION THROUGH OPEN SKIN LESIONS MAY LEAD TO OVER DOSAGE AND TOXICITY)
- Give fever reducing medicine e.g. ibuprofen and paracetamol or acetaminophen (NEVER USE ASPIRIN FOR FEAR OF REYE SYNDROME)

SEEK IMMEDIATE MEDICAL CARE IF:

- Fever is more than 39 degrees Celsius or 102 degrees Fahrenheit.
- Uncertain about the diagnosis.
- Child is asthmatic, has eczema or any immune compromising condition.
- A rash involving the eye; eye pain
- Vomiting or decreased fluid intake.
- Difficult respiration and severe cough.
- Confusion, disorientation, drowsiness or very sleepy and difficult to wake.
- High fever accompanied by headache and vomiting.
- Seizure
- Secondary infection of the skin lesions.

PREVENTION:

VACCINATION – 2 doses of the varicella vaccine confer 95 % immunity against the chicken pox disease.

NOTE!! Pregnant women and infants under 1 year should not receive the varicella vaccine.

He who sedulously attends, pointedly asks, calmly speaks, coolly answers and ceases when he has no more to say is in possession of some of the best requisites of man.

Johann Casper Lavater

Upcoming ASOY Events. . . .

- **May 17**
Grade 2 Field Trip Pizza Roma (Ms. Tchagou)
- **May 18**
Art Class Field Trip Fact Foundation (Ms. LaFrance)
- **May 19 & 26**
Grade 3 & 5 Field Trip Fact Foundation (Ms. Sousa & Mr. Nyugha)
- **May 20-21**
No school, National Day
- **May 26**
*"Short" Wednesday
NHS / NJHS Induction Ceremony, 6:30 pm , Library*
- **May 27**
Board Meeting, 5:30 pm, Library
- **May 27 & 28**
Field Trip Business Mgt Class (Mr. Orban)
- **May 28**
Grade 2 Field Trip Hilton Hotel (Ms. Tchagou)
- **May 25, 26 & 27**
Elem & MS MAP Testing
- **May 28**
Elem Event
- **May 29**
Prom Hilton Hotel
- **May 29-30**
Tennis Tournament – Doubles
- **May 30**
Senior Graduation Blessing Hilton Hotel
- **June 2**
Grade 3 & 5 Field Trip Fact Foundation (Ms. Sousa & Mr. Nyugha)
- **June 5 & 6**
Les Miserables Theater Production
- **June 7**
Grade 2 & 3 Celebration Etok-Kos
- **June 9, 10 & 11**
Grade 12 Final Exams
- **June 11**
Commencement Rehearsal, 3:00-7:00 pm
- **June 12**
*High School Commencement
Catholic University, 4:00 pm*
- **June 14, 15 & 16**
Grade 6-11 Final Exams
- **June 16**
*Elementary Awards Ceremony
Kdg & Grade 5 Graduation*
- **June 17**
*MS/HS Awards Ceremony
All School Sports Day
Grade 8 Graduation, 6:30 pm*
- **June 18**
*All School Awards Ceremony, 10:00 am
Report cards go home*